

# **TT TIMETECH**



INSTRUCTION MANUAL  
B08-2440003

## Before first use:

The TimeTech Smart Watch can be used to set the number of steps, distance covered, calories burned, duration of activity and achievement of the daily exercise goal, as well as the current time and date. The sleep mode is used to record movement activity during sleep and sleep duration.

Please charge the Smart Watch completely before using it for the first time. To charge the battery, connect the Smart Watch to the USB port at the computer.

Please download the App **FitPro** from the App Store or Google Play Store.



QR Code for Android / iOS

Minimum software requirements: Android 4.4 or above & IOS 8.0 or above

Bluetooth 4.0

Activate Bluetooth on your Smartphone.

Open the app and connect Smart Watch to your Smartphone. The Smart Watch can only be synchronized if the connection is successful.

- For Android: Please make sure that the APP is running in the background and that all permissions are given.

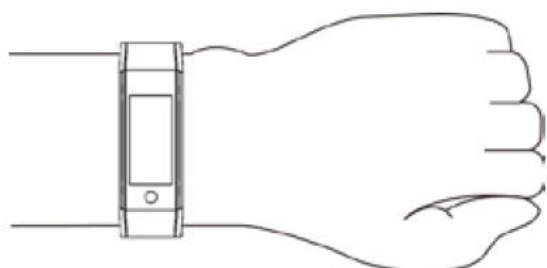
## **Before first use:**

- Switch on Smart Watch: Press and hold the function key for more than 3 seconds.
- With the RESET function you can clear all data from the Smart Watch.
- Touch the short press function key to lighten up the screen.
- If you keep touching the function button, you will automatically click through the functions of the Smart Watch.

When the Smart Watch is synchronized, the time is set automatically. Press the function button for about 2 seconds to set the watch to 24 / 12 hours.

## **Activity mode:**

How to wear the Smart Watch correctly:



The wristband is adjustable in size according to your wrist.  
The sensor at the bottom should be in contact with your skin.

## **Functions:**

|                                                 |                                                                                                                               |
|-------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| Step count:                                     | While wearing the Smart Watch the steps are counted automatically.                                                            |
| Distance in km:                                 | According to the counted steps the distance will be shown on the display.                                                     |
| Calories (kcal):                                | Burned calories will be shown according to the counted steps.                                                                 |
| Heart rate,<br>Blood pressure,<br>Blood oxygen: | Press and hold the function key for a few seconds and the heart rate, blood pressure and blood oxygen measurement will start. |

## **Multi – Sport – Mode:**

|                |                                                                                                                                                                                          |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Training:      | When this function is activated, the steps, the distance, the exact duration of the activity and the burned calories are measured. The steps will be added to the total number of steps. |
| Rope skipping: | When this function is activated, the duration and burned calories are measured.                                                                                                          |
| Sit-ups:       | When this function is activated, the duration and burned calories are measured.                                                                                                          |

## **Information Mode:**

The Smart Watch vibrates during message / information input.  
Press the function button to view the messages.

## **Sleep Mode:**

Sleep monitoring is automatically activated during sleep. The duration of sleep, deep sleep and awake state is measured. The sleep analysis can only be viewed in the app display. Please note: The sleep monitoring starts at 11 pm every day.

## **Information about your person:**

Please enter your personal information after installing the app.

Settings → Personal information

You can enter your gender, age, height and weight.

You can also select the daily goal of your steps.

## **Application:**

### **Incoming calls / messages:**

When a call / message arrives, the Smart Watch vibrates and displays the name / phone number of the caller.

- The Smart Watch must be connected to the Smartphone.
- Please make sure that you give the App the permission to access the contacts / messages.

### **Other notifications:**

When you get new messages, for example Whats App, Facebook, Instagram, etc., the Smart Watch vibrates and shows the messages on the display.

- The Smart Watch must be connected to the Smartphone.
- Please make sure that you give the App the permission to access the notification apps.
- the display can show 20 – 40 words.

## **Application:**

### **Other Functions:**

You can also turn off the vibration mode. Messages, calls and reminders are then only shown on the display.

### **Alarm Settings:**

You have the possibility to set up to 8 alarms. After successful synchronization, these alarms are stored and also work in the NOT-connected mode.

### **Anti Lost Function:**

When the Smart Watch is connected to the Smartphone you can search the Smart Watch in the menu. The Smart Watch will vibrate.

### **Remote Camera:**

Click on "remote camera" in the menu. Shake or rotate the Smart Watch to release the camera on the Smartphone. After about 3 seconds the camera will release.

→ Please make sure that you give the App the permission to access the photo gallery and to save the pictures.

### **Remind to move:**

Click on "remind to move" in the menu. Now you can create a reminder interval. If you sit for a longer period of time, the Smart Watch will vibrate.

### **Lightening up the Display:**

Turn the Smart Watch slightly towards you and the display will lighten up.

### **Do not disturb mode:**

Click on "Do not disturb" in the menu. Now you can set the time period during which the Smart Watch will not receive notifications, reminders, etc.

## Safety instructions:

1. Danger of swallowing, therefore keep away from small children.
2. Do not swim or take a bath with the Smart Watch.
3. Use the included charging cable to charge the Smart Watch.
4. Keep the Smart Watch away from high moisture, high temperature or very low temperature for a long time.
5. Danger of fire/ explosion or burns!  
The article contains a lithium-ion battery. It must not be removed, disassembled, thrown into fire or short-circuited.

## Declaration of conformity:

Herewith the Shaghafi GmbH, Kanalstraße 97, 48432 Rheine, Germany, declares that the Smart Watch B08-2440003 with the brand TimeTech complies with the fundamental requirements of the european R&TTE Directive 2014/53/EU. You can see the complete declaration of conformity from the shaghafi homepage: [https://www.shaghafi.de/wp\\_shaghafi/?page\\_id=1233](https://www.shaghafi.de/wp_shaghafi/?page_id=1233)

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Due to the size of the product, the placing of the distributor is not possible and is listed in the instructions and packaging.